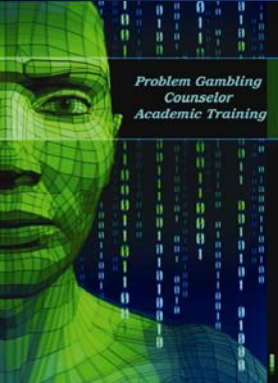


7D / Shadley and Quirk Day 2 – August 14, 2008



*Problem Gambling
Counselor
Academic Training*

Filling the Knowledge Gap:
Academic Curricula in
Problem Gambling

Meri L. Shadley, Ph.D.
&
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University of Nevada, Reno
Mountain West ATTC
CASAT

Genesis

Community Need: All but 2 states in US have some form of legalized gambling

Regulation: 2003 - Collaboration brings about legislative enactment for problem gambling counselor certification in NV.

Scarcity of qualified gambling counselors and growing number of problem gamblers

2005 - 30 hours of gambling-specific training mandated for new interns

Presenters

Meri L. Shadley	Denise F. Quirk
➤ Academic Coordinator & Associate Professor @ UNR	✦ CEO & Clinical Director of Reno Problem Gambling Center
➤ Principal Investigator for Gambling Academic Grants	✦ Developer/Instructor of Problem Gambling Coursework
➤ Licensed Marriage & Family Therapist in Private Practice	✦ Licensed MFT, LADC, CPGC in Nevada for Private Practice
➤ Licensed Alcohol & Drug Counselor in Nevada	✦ Nationally Certified Gambling Counselor - II

Funding

- ✦ Governor's Advisory Committee on Problem Gambling (ACPG) is appointed to assist the Nevada State Department of Health and Human Resources to increase awareness, provide treatment, prevention & research, and workforce development services focused on problem gambling.
- ✦ \$2 annually from each slot machine in Nevada goes into revolving account to fund the grants in these three areas.

Core Competencies

- ✦ Basic knowledge about problem gambling: History, Prevalence, Definitions, Types, Social impact, etc.
- ✦ Identify similarities & differences in behaviors & patterns of AOD versus Gambling
- ✦ Understand relationship between compulsive gambling and co-occurring disorders
- ✦ Best Practices for Screening & Intervening
- ✦ Develop therapeutic Skills of working with problem gambling (Individual, Group and Family Dynamics)
- ✦ Capacity to work with the financial & legal impact of compulsive gambling



When is gambling really a problem?

Curriculum: Descriptions

Introduction -- Explores the history, prevalence and etiology of problem gambling. Investigates stages of progression, effect on families, and relationship to other addictions.

Clinical Application -- Provides knowledge and skills for assessing, planning and implementing treatment for gambling addiction. Clinical applications for individual, family, financial and legal issues provided.

Curriculum Texts: Intro

O'Brien, T., *Bad Bet: The Inside Story of the Glamour, Glitz, and Danger of America's Gambling Industry*, 1998, Random House.

Ladouceur, R., et. al. (2003), *Understanding and Treating the Pathological Gambler*, John Wiley & Sons, Ltd.

"Personal Financial Strategies for Loved Ones of Problem Gamblers," National Endowment for Financial Education and the National Council on Problem Gambling (pamphlet).

Intro Curriculum: Modules

History & Prevalence	Intervention & Self-help
Signs & Symptoms	Resources
Economic Realities	The Gambling Business
Effects on Families	Legal Issues
Screening & Assessment	Prevention
	Research

Video Clips: "When the Fun Stops"



Clinical Curriculum: Texts

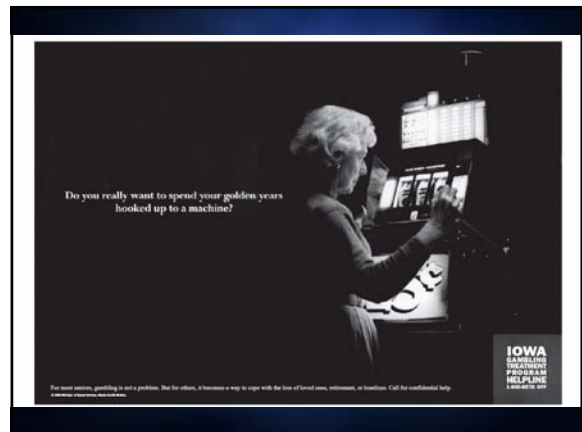
In The Shadow of Chance: The Pathological Gambler, Taber, J., ExGambler Services, 2001, First Edition

Counseling Problem Gamblers: A Self-Regulation Manual for Individual and Family Therapy, Ciarrocchi, J., Academic Press, 2002, First Edition

Clinical Curriculum: Modules

"The hidden addiction"	Motivational Enhancement
Prevalence	Strategies for Treatment
Co-occurring	Intervention & Self-help
Suicidality	Models of Treatment
Mental Health	Empathic Listening
Other Addictions	CBT
Financial/ Legal	Culture
Family	Group
Triage	Family Interventions
Stages of Change	Application

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Marketing

- Listserv flyers
- Agency visits
- Tuition assistance
- National advertising
- Connecting to other online coursework

Participant Feedback

"I'm so glad that I had the opportunity to add this knowledge base to my repertoire. Now I understand how doing 'addiction treatment as typical' was not the best way to help compulsive gamblers – I had no idea!"

Outcome

<h3><i>Participation</i></h3> <p>Introductory Course: 60 undergraduates 17 grad students</p> <p>Clinical Course: 12 undergraduates 3 grad students</p>	<h3><i>Workforce Development</i></h3> <p>Before legislation and funding within Nevada: 6 trained counselors 10 interns</p> <p>At present (enactment): 13 certified counselors 20 registered interns</p>
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Contact

UNR's Center for the Application of Substance Abuse Technologies -- MWATTC

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Video RESOURCES

Nevada Council on Problem Gambling
When the Fun Stops (Gambler)
Damage Done (Families)
Given the Chance (Teens)

Hazelden
It's Not About Money (Gambler)

CASAT
Beyond the Game: Nevada Seniors & Problem Gambling

Other
Owning Mahoney

